









# **CODE OF RUGBY**

Everyone involved in rugby in England, whether as a player, coach, referee, administrator, parent or spectator is expected to uphold the Core Values of our sport.

# Teamwork · Respect · Enjoyment Discipline · Sportsmanship

Play to win - but not at all cost.

Win with dignity, lose with grace.

Observe the Laws and regulations of the game.

Respect opponents, referees and all participants.

Reject cheating, racism, violence and drugs.

Value volunteers and paid officials alike.

Enjoy the game.



Rugby Core Values are: Teamwork, Honesty, Respect, Enjoyment, Discipline, Sportsmanship

Rugby is a game of long traditions, which have been developed over time into a number of values that guide the way the game is played and how players, coaches, officials and supporters conduct themselves.

At its core, rugby is a physical game and a fundamental value is one of respect – for opponents, team-mates and officials. Rugby for the vast majority remains a sport played for enjoyment. Because of this, the other core values that Yate Rugby Club and Yate Rugby Academy aspire to are both firm and inclusive of all rugby activities. You will find those values embedded in the codes of conduct below.

There are certain Codes of Conduct that are expected of all members and visitors to the club. These are to ensure that all the players, spectators and officials can get the most from their time and enjoy their experience with us. Please take the time to read through these, they are the guiding principles for your time at Yate Rugby Club

# **Players Code of Conduct**

- Play for Fun -not just to please your parents and coaches
- Play to the Rules. Don't Cheat
- Don't argue with the referee. Referees will not change their decision and they might penalise you or your team even more.
- Remember that the referee is a volunteer and that the game cannot happen without them!
- Control your temper and your mouth. Lose your head and your team loses a player.
- Never give up.
- Always give your best. The game is not over until the final whistle.
- Be a good sport. Recognise good rugby and learn from it, even if it comes from the other side.
- Improve your skills. Work hard at training –if you play better your team will do better. Don't be selfish. Co-operate with your team. Teams win, not individuals
- Don't show off even when you've scored
- Be a team player -encourage your team mates, play by example DON'T put them down. Respect is a key principle of the game we love.

#### Parent and Spectator Code of Conduct

Code of Conduct for Parents and Spectators

Parents/Spectators have a great influence on children's enjoyment and success in rugby. All children play rugby because they first and foremost love the game – it's fun. It is important to remember that however good a child becomes at rugby within the club it is important to reinforce the message to parents/spectators that positive encouragement will contribute to:

- Children enjoying rugby
- A sense of personal achievement
- Self Esteem
- Assist to improve the child's skills and techniques

As a parent/spectator your expectations and attitudes have a significant bearing on a child's attitude towards:

- Other players
- Officials
- Coaches
- Spectators

Parents/spectators within our club should always be positive and encouraging towards all of the children and not just their own.

# Parents/spectators should:

- Applaud the opposition as well as your own team
- Avoid coaching the child during the game
- Not shout and scream
- Respect the Game Coach's decision
- Give attention to each of the children involved in rugby and not just the most talented
- Give encouragement to everyone to participate in rugby

 Never enter the playing area. If a parent has any concerns they should speak to their child's coach and not with the Game Coach.

Any parent/spectator in breach of the Code of Conduct or bringing the club in to disrepute may be asked to remove themselves from the training session/fixture immediately.

Misconduct could lead to suspension and in exceptional circumstances, where the behaviour is deemed by the Committee as wholly unacceptable or their behaviour has been persistent, ongoing or disruptive, Yate Rugby Academy reserves the right to request that a parent/guardian no longer attends training or fixtures.

# **Coaching Code of Conduct**

When you can call your self a coach you apply to join an elite; when others call you a coach you have achieved membership. You owe it to your self and to all other coaches to behave as a coach:

- Always look like a coach, always act like a coach.
- Start on time and finish on time.
- Plan your seasons.
- Do not drink alcohol before you work or while you are working with children.
- Do not smoke while working with children
- Do not use abusive language.
- To be a good coach, you need up to date information on coaching issues and rugby issues Stay in Touch.

You are responsible for the safety of the players you work with:

- Mark out a safe work area and keep it safe, Make sure equipment is in good condition.
- Never join in with contact drills and games. You are too big and too hard and you will hurt them.
- Do not encourage or allow players to play on injuries.

- Do not let players play out of their age groups
- Ensure every player is registered before training and playing.
- Do not put your self in a position where you could be suspected of or accused of, physical or sexual abuse of any child associated with the club. Use separate changing rooms from players, never be alone with individuals behind closed doors and never shower with boys or girls.
- Tell players and keep telling your self that winning and loosing are only by products of performance. We are there to play and to ENJOY playing, nothing more.

# Officials/Referees at Yate Rugby Club Code of Conduct

- Respect the rights, dignity and worth of every child and treat everyone equally, regardless of gender, disability, ethnic origin, religion, etc.
- Act as a role model and promote the positive aspects of rugby and maintain the highest standards of personal conduct.
- Be responsible for monitoring the boundaries between a working relationship and friendship with players.
- Avoid being alone with underage persons.
- Never deal with injuries unless qualified to do so.
- Encourage coaches/parents to act responsibly and to be responsible for the behaviour and performance of players.
- Ensure that safety is paramount in all games.
- Follow agreed protocols regarding shower arrangements after matches.
- Agree appropriate times for entry to changing rooms to deal with match preparation and ensure members of the team management are present
- Be punctual, prepared and well presented.
- Ensure players and officials comply with the Laws of the Game.
- Never criticise individual players and or coaches or parents.